

Maine EMS' Programming to Respond to the Ongoing Opioid Crisis

September 1, 2023

Agenda



Maine EMS Data

- Overview
- Data Analytics
- Surveillance

Maine EMS Programming

- Ambassador Program
- Naloxone Leave Behind
- OPTIONS Referral Pilot
- Medication for Opioid Use Disorder (MOUD)



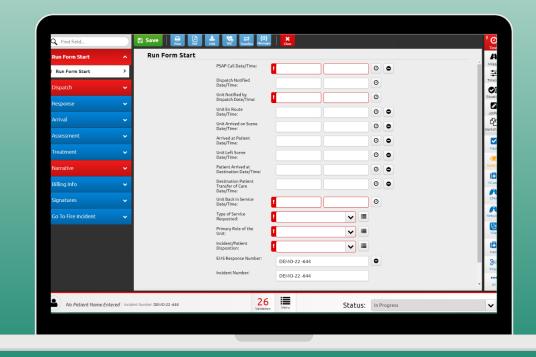
Overview of EMS SUD Data



Single statewide electronic patient care report

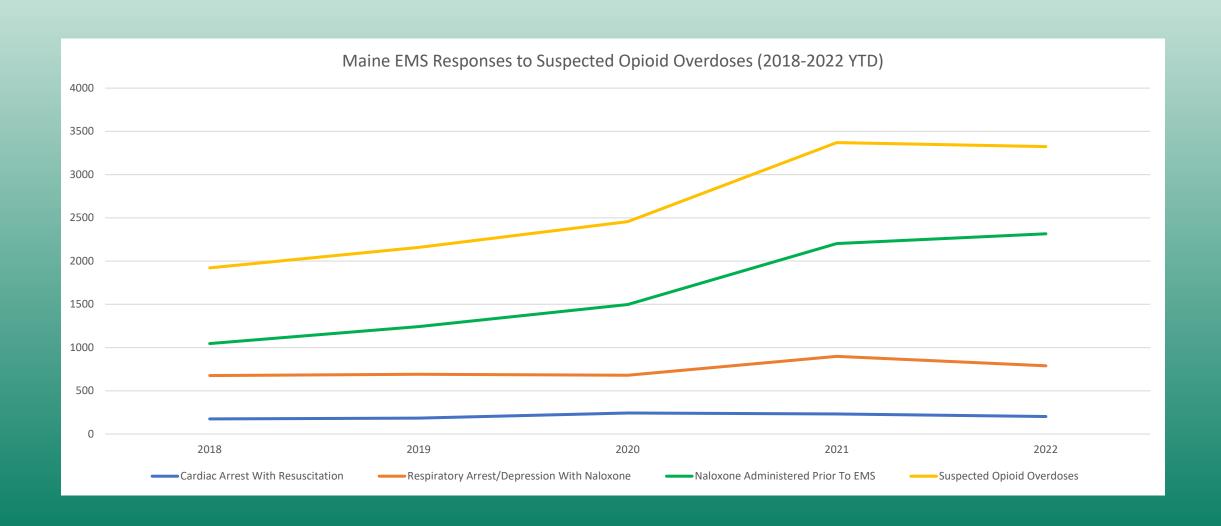
Non-fatal and fatal overdose patient encounter data*

Nationally-defined standardized data elements



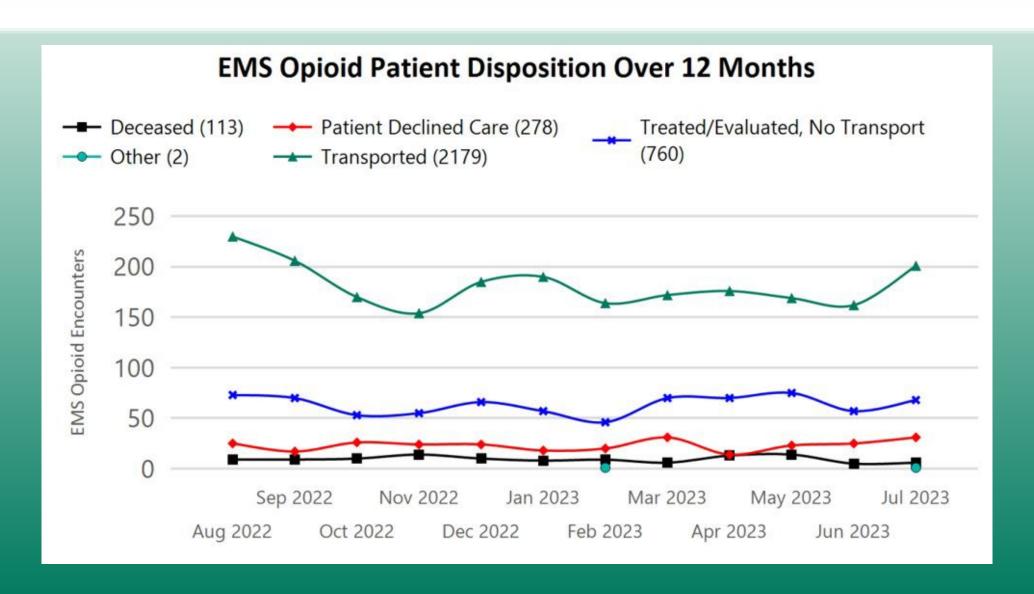
Tell me more...





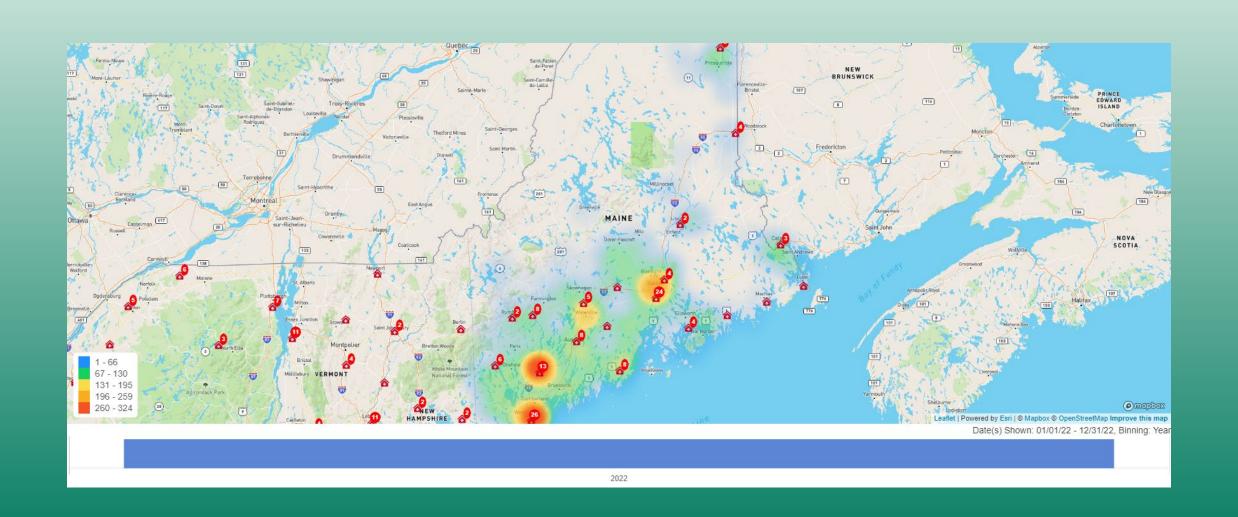
Tell me more...





Data Analytics Capabilities





Overdose Dashboard



1,376

MAINE EMERGENCY MEDICAL SERVICES (EMS) ENCOUNTERS FOR SUSPECTED OVERDOSES: AUGUST 2022¹

41 (2.98%) overdoses had fatal outcomes

5 (0.36%) overdoses involved pregnancy

181 (13.15%) overdoses involved homelessness

241 naloxone doses administered²

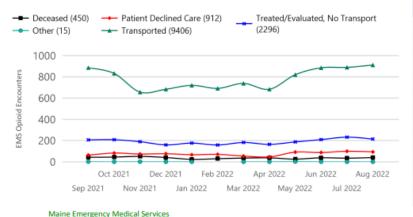
Note: Counts based upon Maine Emergency Medical Patient Care Reporting System (MEFIRS)

¹Case Definition: EMS activations with a scene location within the State of Maine and where the primary or secondary impression indicates an overdose or the patient was provided

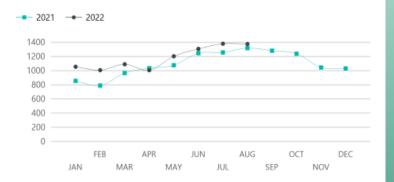
Fatal Outcomes: Fatality occured prior to EMS Arrival or while in EMS Care

2Naloxone administrations: 162 of 343 opioid overdose patients (47.23%) received naloxone of which 54 received multiple doses

EMS Overdose Patient Disposition Over 12 Months



Suspected Overdose Encounters by Month: 2021-2022



Last 12 Month EMS OD Encounter Locations

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Location Type	Count	%	Top 3 Aug 22
Residential	7653	56.03%	
Street, Sidewalk, Outdoors	2808	20.56%	
Retail Building	554	4.06%	Residential (688)
Other	545	3.99%	*
Hotel/Motel	515	3.77%	TA .
Healthcare	405	2.97%	Street, Sidewalk, Outdoors (277)
Nursing, Boarding, Res. Institution	376	2.75%	4
Recreational	331	2.42%	
Educational	242	1.77%	Recreational (80)
Industrial, Military, Transit Site	230	1.68%	

152 State House Station

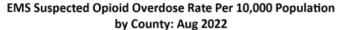
More info on overdoses in Maine can be found at Maine Drug Data Hub

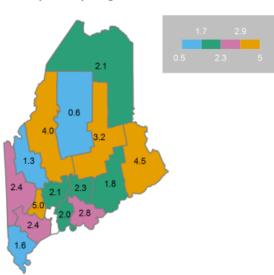


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Opioid Dashboard (pg. 2)



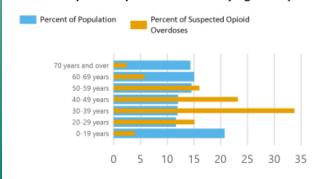


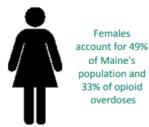


County	Opioid Encounters	Rate Per 10,000 Pop.
Androscoggin	54	5.0
Aroostook	14	2.1
Cumberland	70	2.4
Franklin	4	1.3
Hancock	10	1.8
Kennebec	26	2.1
Knox	11	2.8
Lincoln	7	2.0
Oxford	14	2.4
Penobscot	49	3.2
Piscataquis	1	0.6
Somerset	20	4.0
Waldo	9	2.3
Washington	14	4.5
York	33	1.6
Total	336	2.6

Demographics of Suspected Opioid Overdose EMS Encounters August 2022

EMS Suspected Opioid Encounters by Age Group







Males account for 51% of Maine's population and 67% of opioid overdoses

Maine Emergency Medical Services 152 State House Station Augusta, Maine 04333

Overdoses are preventable Know Your Options



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Substance Use Disorder Care Ambassador Program



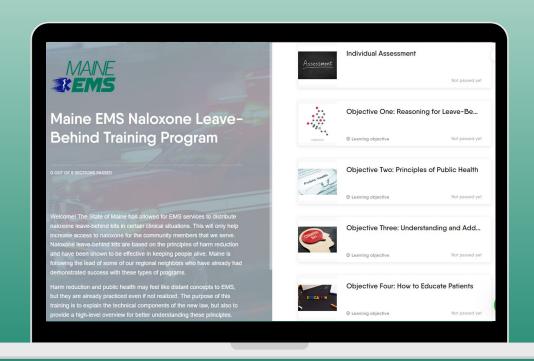
- Designed to provide outreach and education
- Small team of contracted EMS professionals
- Preliminary Data and Impact
- Future Ambassador Programming

Naloxone Leave Behind Program MANE EMS



LD 1333 -- An Act Concerning the Dispensation of Naloxone Hydrochloride by Emergency Medical Services

LD 981- Requiring EMS Clinicians to offer patients, patients' family or patient's friends on scene leavebehind naloxone if patient refuses transport- new Standard of Care effective December 1, 2023



Naloxone Leave Behind Program MANE EMS



How It Works:

When a clinician dispenses naloxone to a patient, the patient receives a naloxone kit (typically in the form of 4mg nasal spray) and educational materials that provide an overview of how to use naloxone as well as community resources for individuals experiencing substance use

Easy for EMS agencies to implement, with no cost to EMS agencies

- -Required Online Training
- -Federal Funding for Naloxone



Naloxone Leave Behind Program MANE EMS



22% of suspected opioid overdoses ends as an opportunity to leave naloxone behind 18 attempts for every 100 opportunities to leave naloxone behind were made

Over half were successful when offered

Rate per 100 when a kit was left behind for a patient who then suffered a subsequent overdose and was documented as a field fatal outcome by EMS clinicians



Rate per 100 when a kit was **NOT** left behind for a patient who then suffered a subsequent overdose and was documented as a field fatal outcome by EMS clinicians



91 of 275 (33%) of EMS agencies have ordered Naloxone kits 1164 of 6001 (19%) of EMS Clinicians have completed the Naloxone Training

OPTIONS (Overdose Prevention Through Intensive Outreach Naloxone & Safety





~22% Transport
Refusal Rate

OPTIONS Initiative is a coordinated effort with Maine Office of Behavioral Health, Maine Emergency Medical Services and other state agencies for Harm Reduction

OPTIONS Liaisons for all 16 Maine Counties; they work alongside First Responders

OPTIONS Referrals: When a suspected overdose patient refuses transport to the hospital:

- 1. Patient signs consent in MEFIRS using OPTIONS Referral Signature
- 2. Patient contact information sent securely to local Options Liaison
- 3. OPTIONS Liaison follows up with patient

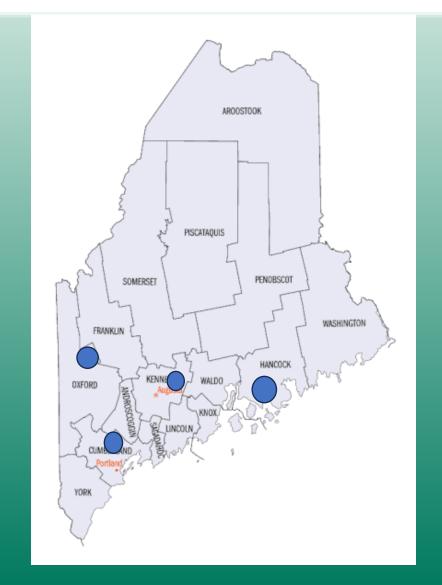
OPTIONS Referral Pilot Program



Pilot of OPTIONS Referral will run through November 30, 2023 with up to 6 EMS agencies

Current and Upcoming Counties:

- -Hancock
- -Oxford/ Franklin
- -Kennebec
- -Cumberland



Medication for Opioid Use Disorder MANE EMS



Validated and Evidence-Based

Access and Connectivity to Care

Pathway for Treatment and Recovery

Suboxone Initiation by EMS Clinicians



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Questions



