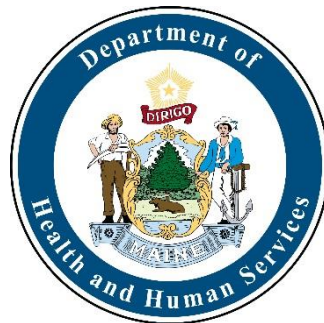


# Prevention Services in Maine

12/4/2020

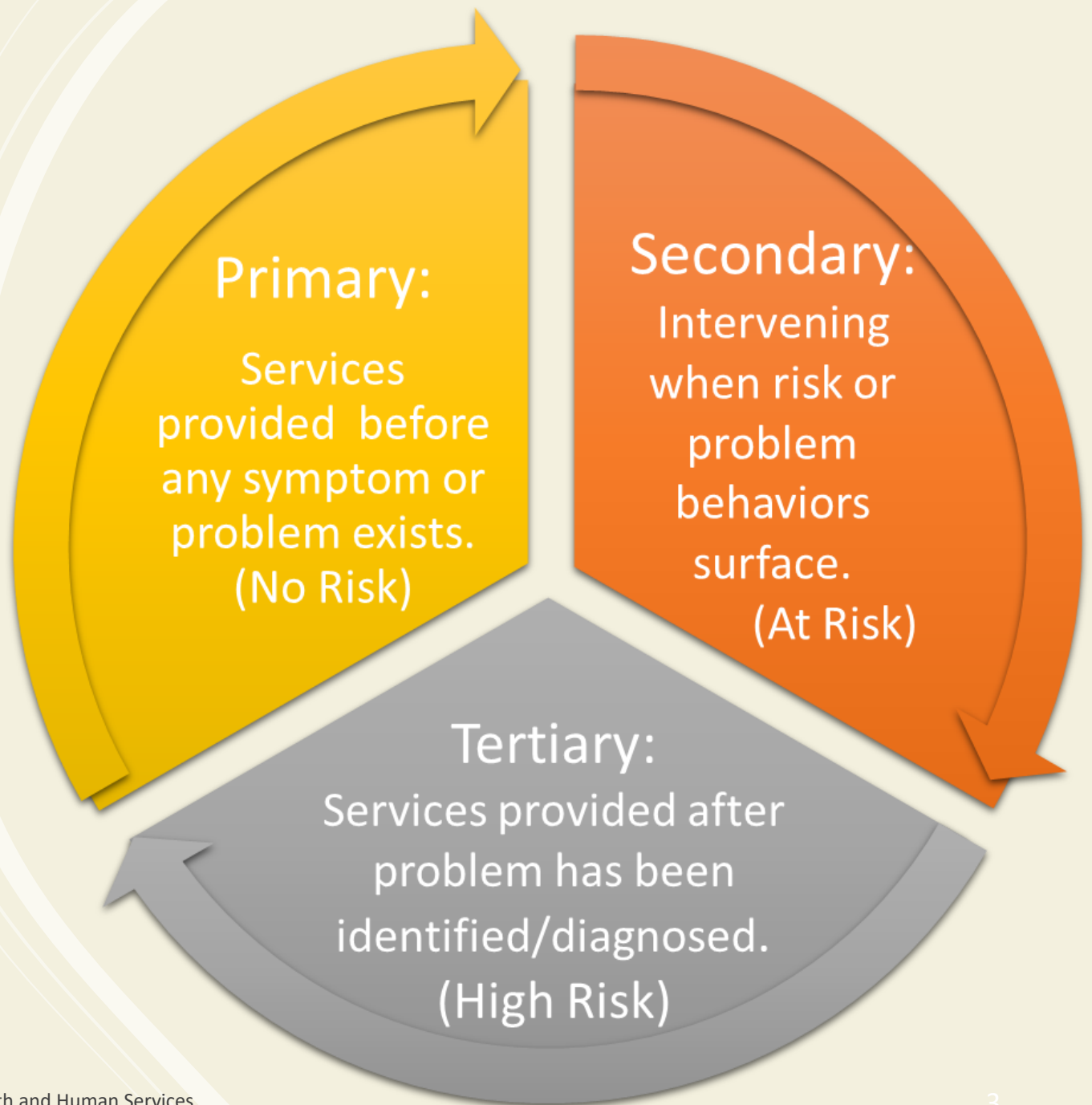
Christine Theriault, LMSW, PS-C  
Office of Child and Family Services



# What is Prevention?

- Prevention is defined as the action of stopping something from happening or arising.
- Increasing protective factors / decreasing risk factors
- Overlapping risk/protective factors and strategies for the prevention of substance use, mental illness, domestic violence, suicide prevention, child abuse/neglect
  - Multiple strategies needed across multiple settings to impact change.

# Prevention Types



# Prevention Examples

## Primary Prevention:

- Media campaigns
- Law and Policy
- Education on DV, SUD, Mental Illness
- Increasing coping skills
- Reducing access/availability of substances/risky situations

## Secondary Prevention:

- Screening for early identification of problem
- Education programs
- Case Management

## Tertiary Prevention:

- Parenting Education
- SUD Treatment and Recovery Services
- Mental Illness Treatment and Recovery Services
- Overdose Prevention



# The Path of Prevention...

Parents receive parenting skills education, info on modeling/monitoring, safe sleep, safe storage, coping skills, treatment, recovery

School policies are in place, messaging, education programs, youth groups, positive activities, supportive adults, Social emotional learning.

Religious organizations & clergy provide education and support to families.



Healthcare is screening for substance use, medical and mental health conditions, referring for services, educating on risk and harm.

Community education programs for parents & youth on substance use, positive parenting practices, etc.



# Office of Child and Family Services

## Prevention Programming

Prevention Type	Activities
Primary Prevention	Child Abuse Prevention Councils Child Care Subsidy Program Early Childhood Mental Health Consultation Improving Youth Outcome Grants
Secondary Prevention	Targeted Case Management Alternative Response Youth Leadership Advisory Team Parent Coaching
Tertiary Prevention	Children's Behavioral Health Services Supportive Visitation & Crisis Services Dom. Violence/Sexual Assault Services Family First Prevention Services

# Family First Prevention Services Act Focus Areas

Prevention Services  
for Children and  
Families

IV-E

Increased Quality &  
Appropriateness of  
Residential Care

Prevention of foster care placements through:

- Trauma informed and evidenced based services including: mental health & substance abuse prevention and treatment services, in-home parent skill-based programs, and kinship navigator services

Improving the well-being of children already in foster care by reducing placement of children in group care settings and enhancing quality of care for residential treatment programs. Establishment of Qualified Residential Treatment Programs (QRTP)

# prevention Pathways

## PRIMARY PREVENTION

*(Community Pathways)*

Families not known to the Department but may experience minimal or no risk factors.



## SECONDARY PREVENTION

*(DHHS Referral Pathways)*

A child for whom the agency has received a protective services report and upon completion of the child protection investigation, it is determined that there are existing risk factors that can be mitigated by the provision of in-home services.



## TERTIARY PREVENTION

*(DHHS Court & Non-Court Case Pathways)*

*(Candidates for Family First Prevention Services.)*

A child who is a victim of maltreatment in which safety and risk factors can be mitigated by provision of in-home services and is able to safely remain at home with a child-specific Prevention Plan.



Pregnant and parenting youth in foster care.



Children who have exited foster care through reunification, guardianship, or adoptions and may be at risk of re-entry.





# State Agency Partnership for Prevention

Mission: To establish partnerships across state agencies that will result in the provision of a continuum of primary, secondary, and tertiary prevention services to families in Maine that will result in safe, healthy, and successful families in Maine.

- State Agency Partnership for Prevention (SAPP) was created and includes:
  - Office of Child and Family Services (OCFS)
  - Department of Education (DOE)
  - Department of Corrections (DOC)
  - Maine Center for Disease Control and Prevention (MCDC)
  - Department of Labor (DOL)
  - Office of MaineCare Services (OMS)
  - Office of Family Independence (OFI)
  - Office of Behavioral Health (OBH)
- Tasks:
  - Inventory of prevention services already being funded or provided
  - Identifying gaps in programs and service delivery
  - Cross program collaboration to increase access, availability, and knowledge of services.

# QUESTIONS??

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Websites:

- <https://www.maine.gov/dhhs/ocfs/family-first-act.shtml>
- [www.familyfirstact.org](http://www.familyfirstact.org)

