# What is self-exclusion?

Self-exclusion is action that a person can take to ban themselves from entering all casinos in Maine for a specific period of time. It also ends any privileges they have with the casino such as check-cashing services. A person can choose to self-exclude for 1 year, 3 years, 5 years, or for lifetime. The Gambling Control Board holds the official self-exclusion list and releases the names only to casino or slot establishments. No one except the Gambling Control Board may release the names of anyone on the self-exclusion list.

### How can self-exclusion help me?

A person concerned about their gambling habits may have trouble resisting the attractions inside a casino that can trigger the desire to gamble. Self-exclusion keeps a person from entering into a casino which may reduce the temptation to gamble.

## What will happen after I sign up for self-exclusion?

The casinos must not allow a person on the list to enter the building or use privileges. If a person on the list enters a casino they may be arrested for trespassing and any winnings they may have earned are turned over to the state. A person, who gambles at a casino while on the self-exclusion list, may in no way collect any winnings or recover any losses that have resulted from gambling for the entire time the person is on the list. Any winnings given to or found on or about a person on the list will be turned over to the Gambling Control Board.

#### Can my name be removed from the self-exclusion list?

Yes. A person who self-excludes for a lifetime can request that their name be removed for the list five years after placement on the list by sending a written request to the Director of the Gambling Control Board.

### Can I place a family member with a gambling problem on the self-exclusion list?

No. Self-Exclusion is completely voluntary. The person who wants to self-exclude must sign the forms in person at the office providing the service.

## How do I get on the self-exclusion list?

You can self-exclude by visiting one of the locations listed on this page. At the time of your visit you will:

- Read and sign the State of Maine Gambling Control Board Self-Exclusion Request Form and the Self-Exclusion Waiver of Liability
- Have a photo taken
- Have a photo taken of your license or other photo ID you provide
- Receive resources and information about problem gambling and where to go for help.

Afterwards the forms and photos are sent in an email immediately to the Gambling Control Board and your name will be placed on the list. All paper forms and copied identifications will be sent to the Gambling Control Board in the next available U.S. mail. None of your information will remain with the agency. This is a password protected confidential process.

#### What do I need to bring when I self-exclude?

Bring a government issued photo identification such as drivers license or passport showing your name, current address and date of birth. A state photo ID is acceptable.

You may also provide your Players Card number and social security number.